# Open Yard Series: All Things Raingardens!



Lauren Haydon – Water Resources Educator Brett Stolpestad – Natural Resource Design Technician

Moderator: Cameron Blake, BCWD







#### **Mission Statement**

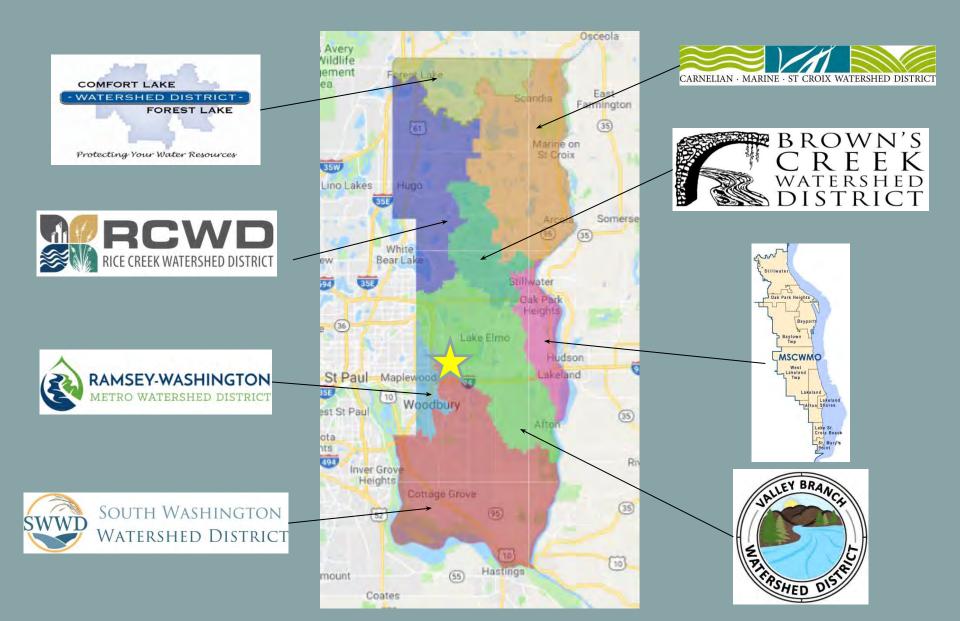
To enhance, protect, and preserve the natural resources of Washington County through conservation projects, technical guidance, and educational services to citizens and local government. Est. 1942



WASHINGTON CONSERVATION DISTRICT



#### Watershed Management Organizations Washington County



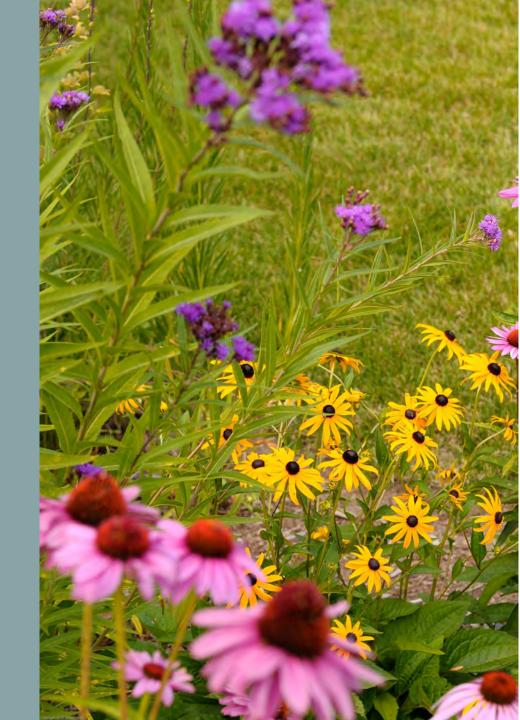


### Workshop Agenda:

- 1. Raingarden Overview
- 2. Planning & Layout
- 3. Plant Selection
- 4. Installation
- 5. Maintenance
- 6. Technical Assistance & Cost Share Grants

# Section 1:

# Raingarden Overview



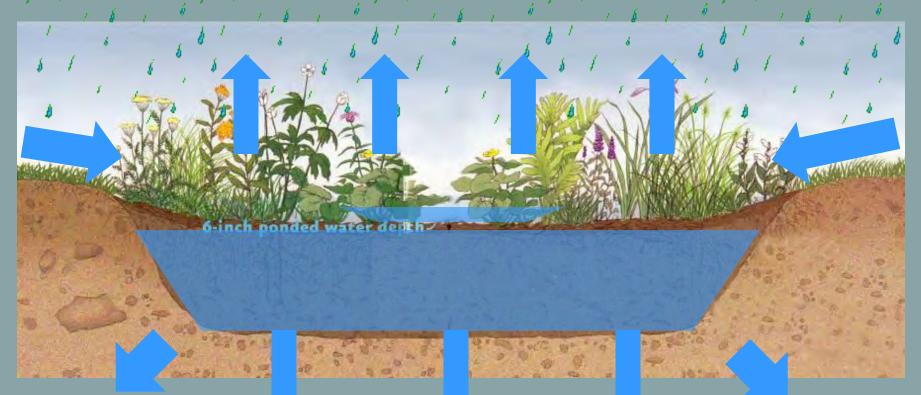
# Why Raingardens?



- Reduce pollution to lakes, rivers and streams
- Beautify your landscape
- Attract birds and butterflies

**Raingarden in Mahtomedi** 

## **Raingardens** (Capturing Rainwater / Stormwater )

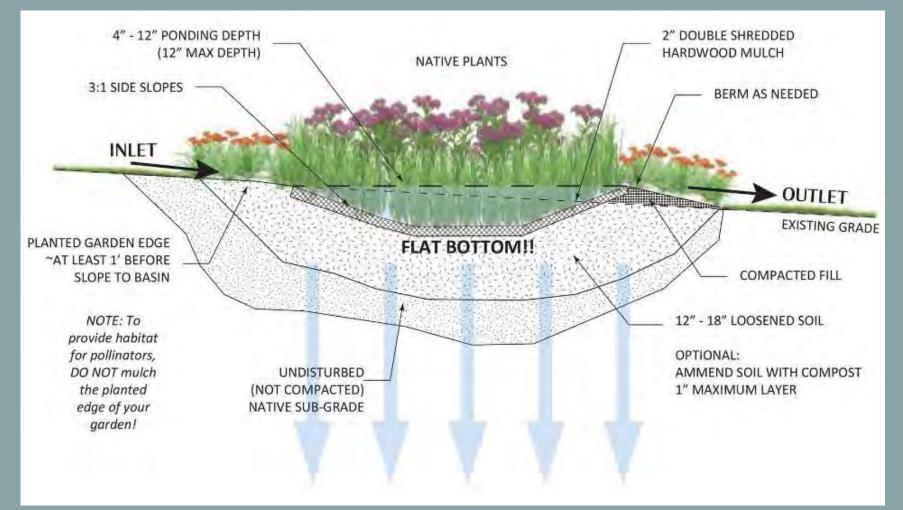


Just like a regular planting, but able to absorb rainwater and breakdown pollutants

Concept - Gregg Thompson, Illustration - Taina Litwak, Animation - Ron Struss

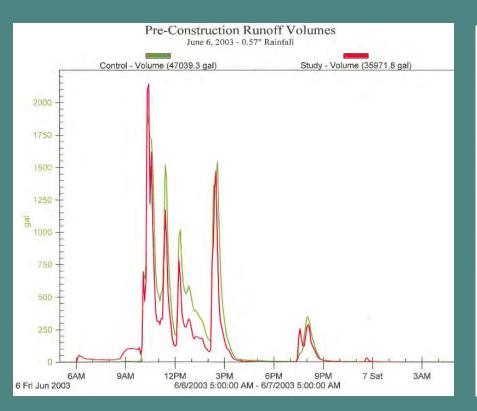
#### What defines a raingarden?

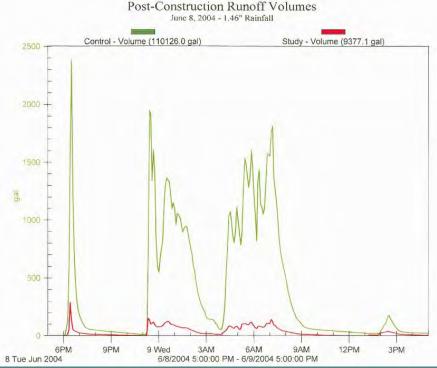
Lowered perennial plantings built to capture and infiltrate rainwater while breaking down pollutants and providing habitat.



### 85% Volume Reduction!!

#### **Burnsville Rain Gardens - Monitoring Results**

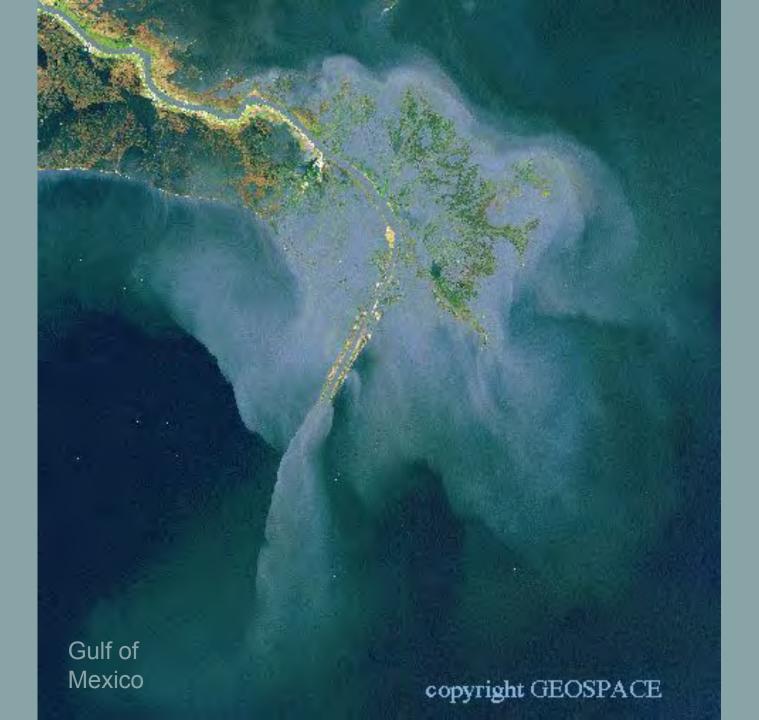




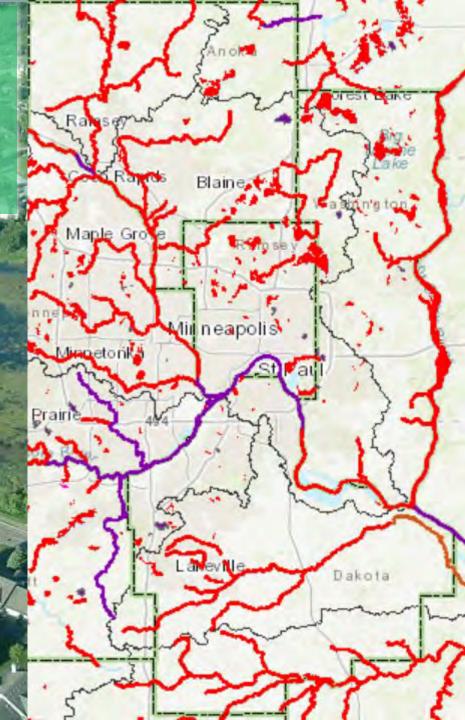
Often given the nickname, the "Muddy Mississippi", the Mississippi River enters into the Twin cities clean and clear. In just a short 32 miles, from the confluence of the Mississippi River and Minnesota River (above photo) to the confluence of the Mississippi River and the St. Croix River (below photo), the Mississippi has become true to it's name: Muddy! What do you think contributed to this change in water quality?





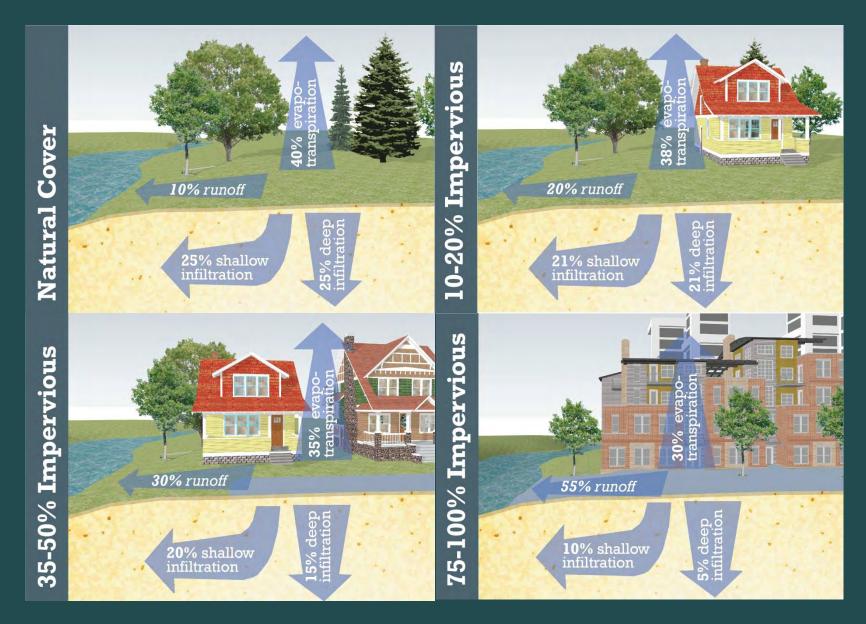


## <u>40%</u> of MN lakes, rivers & streams are impaired



# One pound of phosphorus = 500 pounds of algae

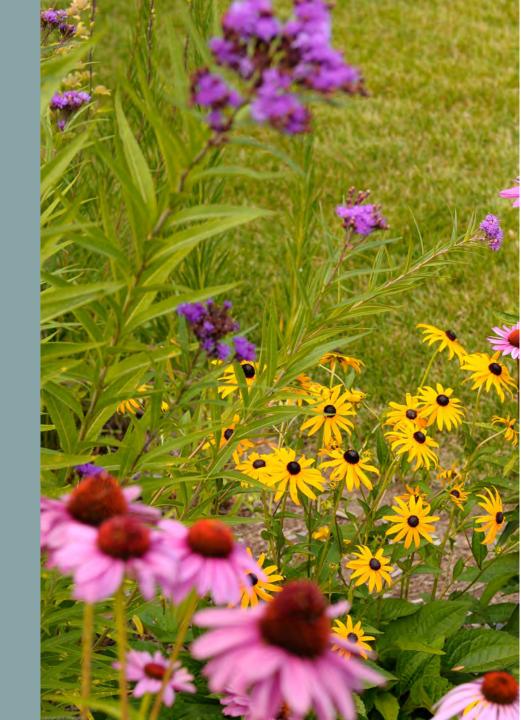
#### Impacts of changes in land cover





# Section 2:

# Planning & Layout



# Places to Avoid Building a Raingarden

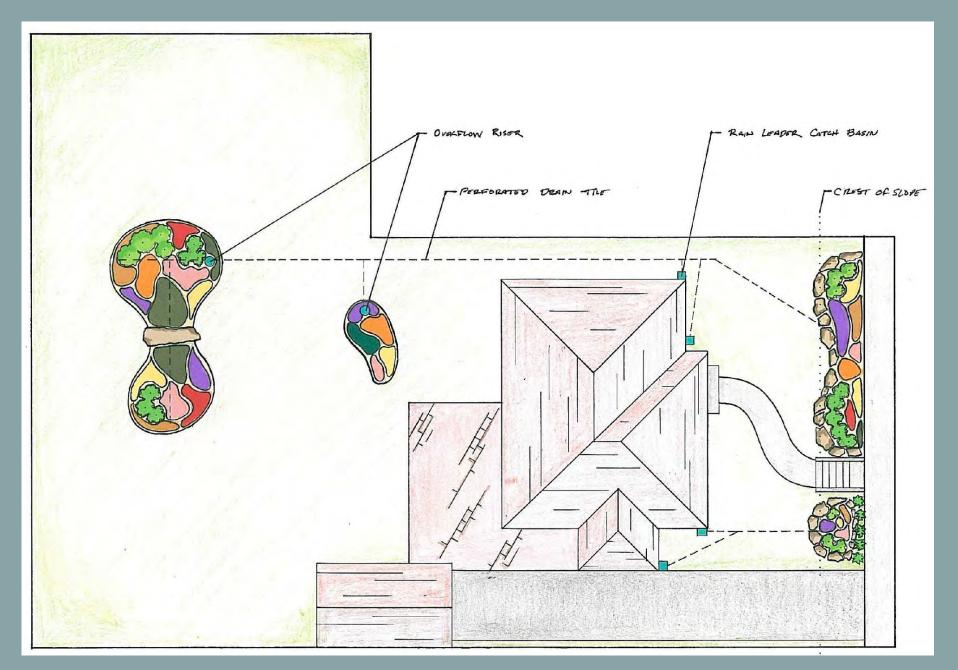
- Next to trees/beneath trees
- On top of utilities/septic fields/wells
- Within 10 ft of your house if you have a basement
- Over areas of shallow
   bedrock or shallow
   groundwater (areas that
   frequently flood)

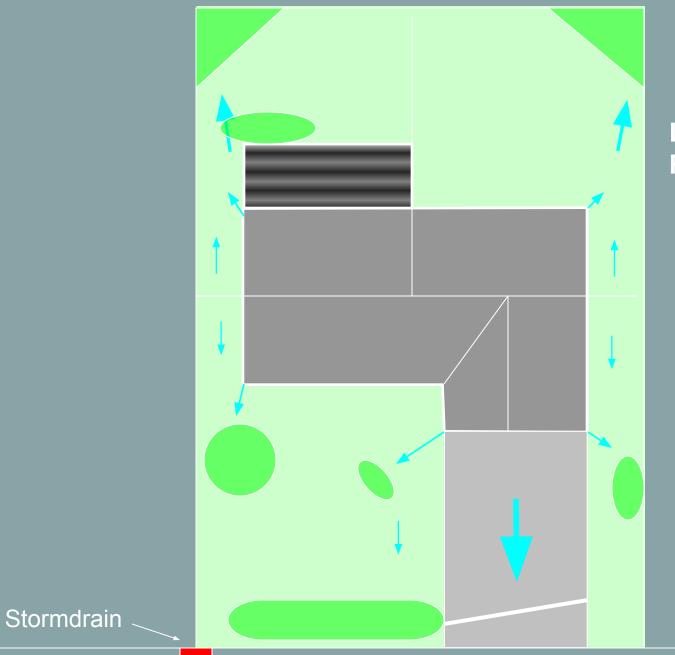


#### Where would you put a raingarden?

Driveway Diversion

#### Project planning & Garden design





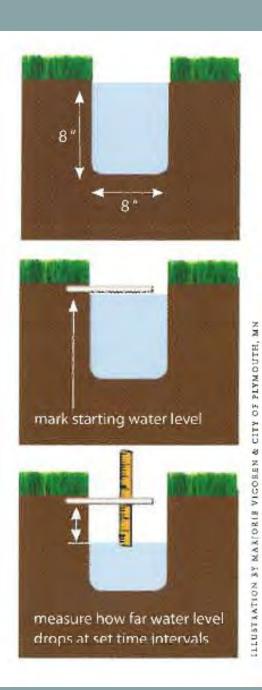
#### LOCATIONS for RAINGARDENS:

Street

# How big should my rain garden be?

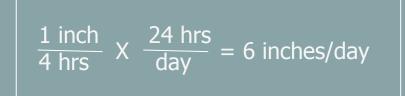


- 1. Assume a rain event of about 1"
- 2. Estimate the surface area of your roof, driveway, and/or other impervious surfaces to be routed to your rain garden.
- 3. Do a percolation test to observe how much water soaks into your soil over a 24-hour period.
- 4. Divide the square footage of your drainage area by the depth of your rain garden (determined by the percolation test)
- 5. The result is the approximate area (in square feet) needed to capture the average runoff volume during a 1" rain event.

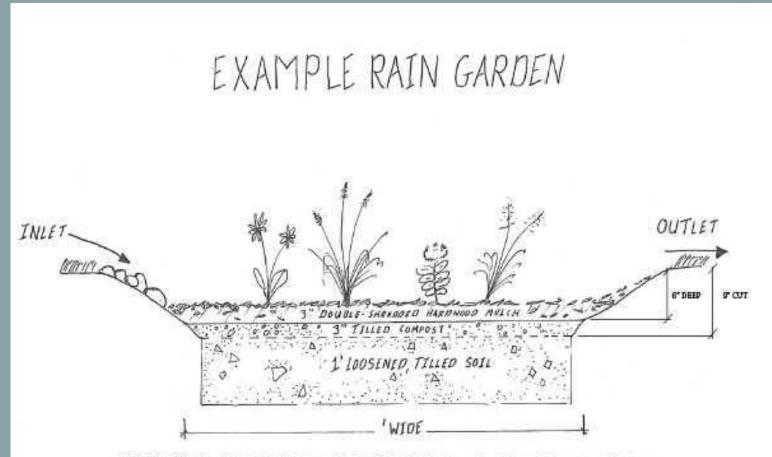


## **Infiltration test Test**

- 1. Dig a hole roughly 8" x 8" (coffee can size)
- 2. Fill with water and mark the starting water level
- 3. Measure how far the water level drops over a set time interval (30 minutes, 1 hour, 2 hours, etc.)
- 4. Take your rate of fall (ex. 1 inch of drop over 4 hours) and multiply by 24 to get total amount of infiltration over a 24 hour period.



### **Example in section**



NOTES: ROCK MAY BE NEEDED AT INLET IF HIGH FLOWS WILL ENTER THE GARDEN



Photo credit: Blue Thumb Program

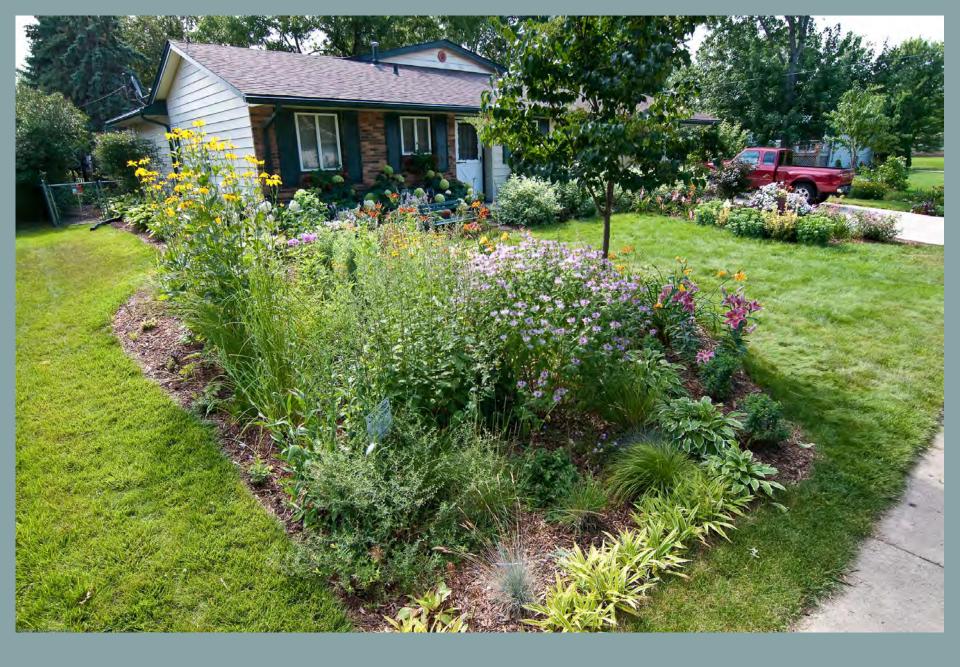


Photo credit: Blue Thumb Program



#### Before:

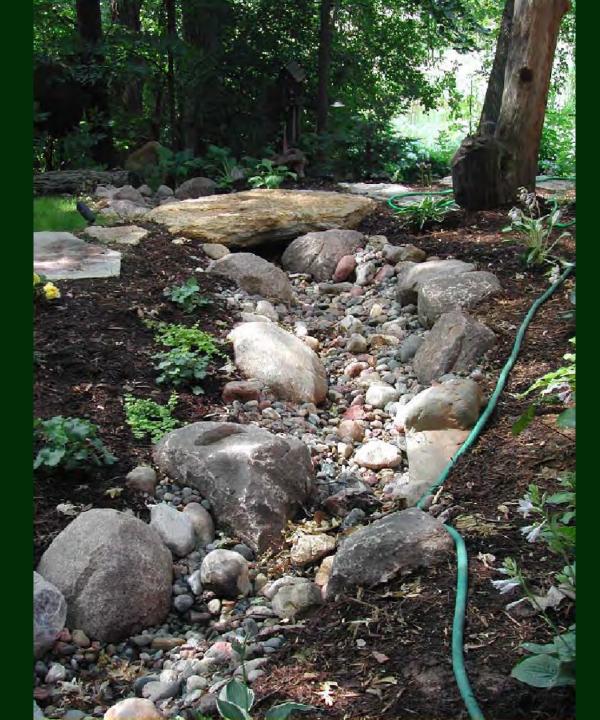








#### Raingarden with downspout connection



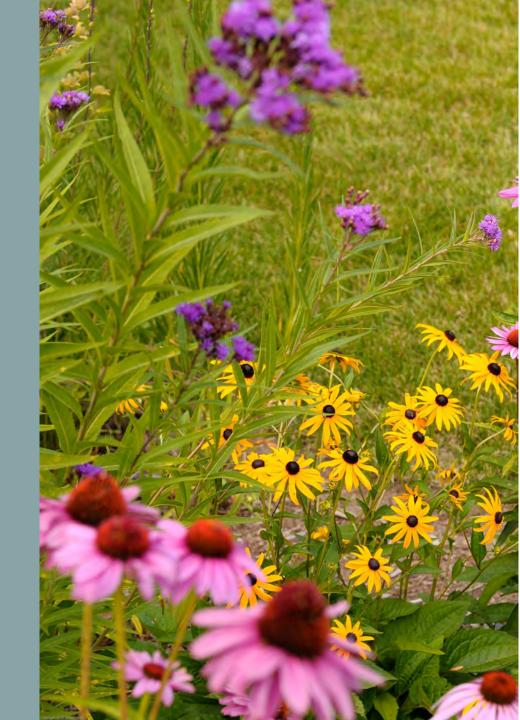
Dry creek

**Brown's Creek Watershed District** 

Dry creek

# Section 3:

# Plant Selection



#### **Pre-settlement Native Plant Communities**

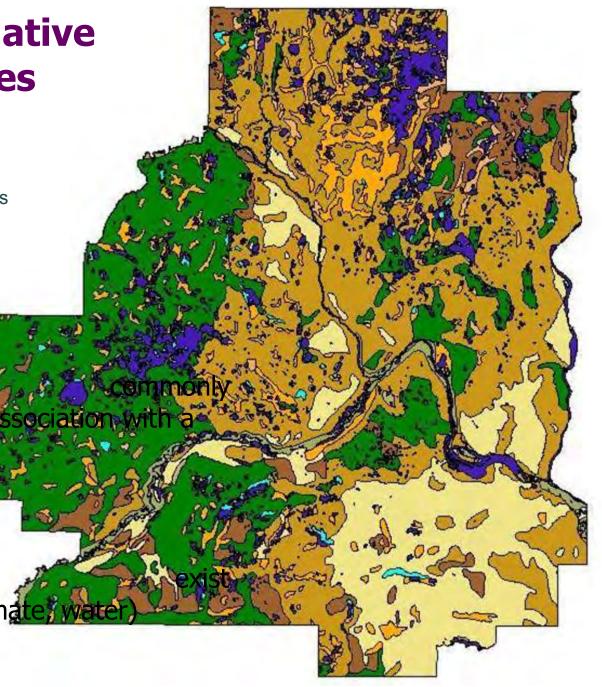
Big Woods



Prairie

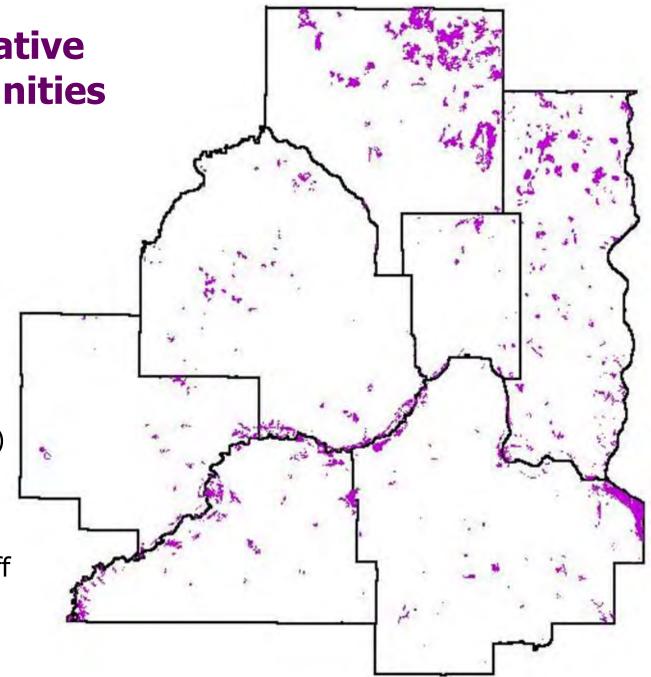
Wet Meadow

In nature, plants grow in particular group of other compatible plants. These communities are found where specific environmental conditions (e.g. soils, topography, clima

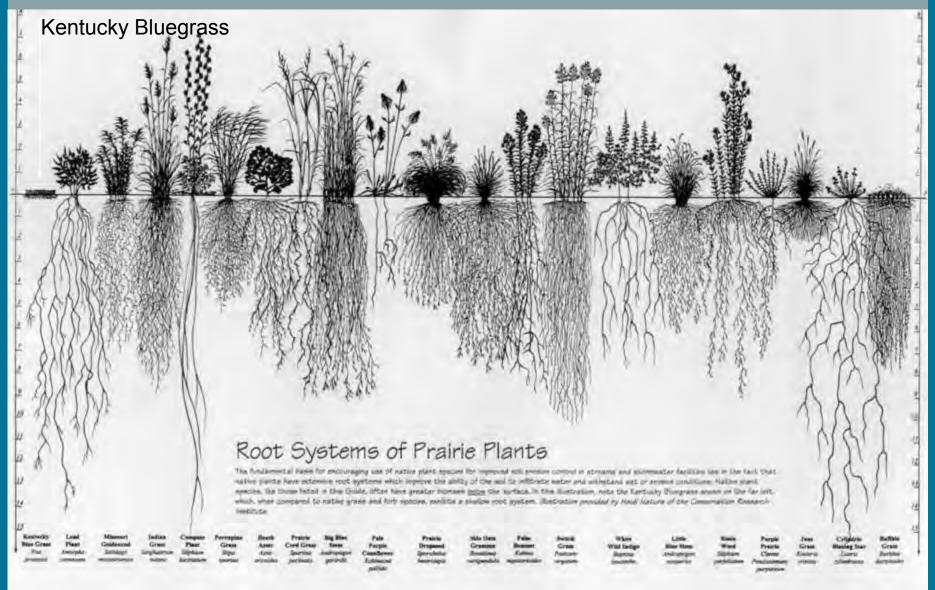


### **Remaining Native Plant Communities**

Vegetation removal and soil disturbance (and soil compaction) reduces the amount of runoff absorbed, increasing sediment-laden runoff into lakes, streams & wetlands.



### **Roots of Native Prairie Plants**



Conservation Research Institute and Heidi Natura

Cardinal Flower

Purple coneflower

DODS

Aster species

Yellow coneflower

David Dods, URS

### Common Milk Ced Asclepias syriaca

# Whorled Milkweed

Asclepias verticillata

Ascleptas in caleration

### Butterfly Milkweed Asclepias tuberosa

# Shady to Partial Shade

Culver's Root

Geranium

Wild

Columbine

Lady Fern

Photo courtesy of Rusty Schmidt & Dan Shaw

Fox Sedge

### Partial Sun to Partial Shade

Culver's Root

Blue Lobelia

Turtlehead

Sprengel's Sedge

Bottle Gentian

# Full Sun

#### Prairie Dropseed

Anise Hyssop

Lance leaf Coreopsis

Pale Purple Coneflower

Black-eyed

**Butterflly Milkweed** 

## Full Sun

### Prairie Blazing Star

Meadow Blazing Star

Side Oats

Azure Ast

Early Sunflower

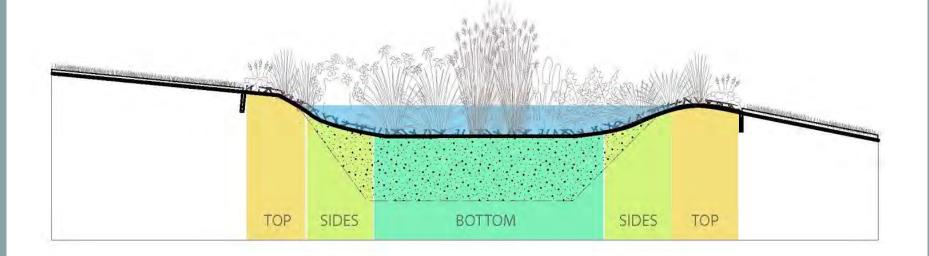
Little Bluestem

# **Incorporate native plants**

a)

# Pick the best plant for the location

### Raingarden Planting Zones Cross-section



A Loss	34.00	Plant name:	Sean	
all have it	Minnesota Wildflowers	or try: advanced plant sear		
	Abl 10		goal \$12000	
LAR	Wildflowers	\$13849 dona	ted Donate	
- F	a field guide to the flora of Minnesota	SI	hare: 🖪 💟 🛚	
Home				
What's Blooming	Osmundastrum cinnamomeum (Cinnamon Fer	n)		
Plants by Name	Contributed by Cindy Hoffmann			
Flowers by Color	Pick an image for a larger view. See the glossary for icon	Plant Info		
Trees	descriptions.	Also known		
Shrubs	DI 117	as:		
/ines	Detailed Information	Genus:	Osmundastrum	
erns and Fern Allies	Fiddlehead:	Family:	Osmundaceae (Royal Fern)	
Grasses, Sedges,	As the fern emerges from the ground in early spring it is covered in a light brownish-colored wool but it is quickly lost.	Life cycle:	perennial	
Rushes		Origin:	native	
quatics		Habitat:	part shade, shade; marshes, wet woods, bogs, swamps	
Rare Plants				
nvasive Species	Leaves and stems: 🔟 🔀			
Glossary	Leaves are once compound, generally lance- shaped in outline, up to 40 inches long and 10 inches across, widest below the middle and gradually tapering at the tip end. Leaflets have deep lobes, rounded to slightly pointed, and forked lateral veins on the underside. The	Fruiting season:	spring	
Links		Plant height:	24 to 40 inches	
About Us		Wetland	GP: FACW	
Contact		Indicator Status:		
Help Support This	leaves are nearly erect to arching and grow in a circular clump with the fertile spike (if present) growing in the middle.	MN county	1-the	
Site	There is a persistent tuft of whitish to brownish	distribution	1000	
Make a Donation,	hair on the underside of the leaf at the junction	(click map to enlarge):		
<u>get a screensaver</u>	of the main stem and leaflet mid-nerve. Stem is green and slightly grooved on the upper side.			
Donate		National	1000	
VISA 💽 📰 🚞 🗠	Spores: 😻	distribution (click map to	STR.	
	In mid to late spring, 1 or more spike-like fertile	enlarge):	and the second	

Follow Minnesota

Wildflowers

Find us on Facebook

XML R55 2.0

Notes:

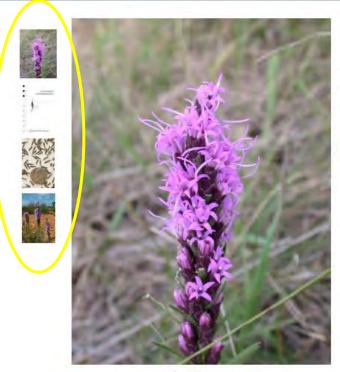
Helpful Resources

Minnesota Wildflowers

- Habitat 🗸
- Size 🗸
- Range map V
- Detailed descriptions and photos V
- Bloom time  $\checkmark$
- Plants searchable by dozens of criteria (bloom time, flower color and shape, taxonomy, etc.) V

leaves, nearly as tall as the sterile leaves, grow in the center of the leaf clump. Fertile leaves are hairy and composed of very small bead-like capsules (which contain the spores) that are initially green but turn cinnamoncolored with maturity. After releasing the spores, the fertile leaf dies and is inconspicuous.

Since the leaves, size and overall structure of Cinnamon Fern, Ostrich Fern (Matteuccia struthiopteris) and Interrupted Fern (Osmunda claytoniana) closely resemble each other, they can be distinguished by the fruiting fertile fronds. If spores are not present, the easiest way to distinguish the 3 species is to turn over the leaf and see if there is a tuft of hair at the junction of the main stem and leaflet - only Cinnamon Fern has this feature. Cinnamon Fern was formerly known as Osmunda cinnamomea but was recently moved to genus Osmundastrum, presumably because genetic testing found it not as closely related to Interrupted Fern as previously thought. While in some areas of the country Cinnamon Fern may reach heights of 5 feet, it doesn't get guite that tall in Minnesota.



#### FVOD

#### ABOUT RANGE MAP Q&A PLANTING SHIPPING

A deep root system will form on this xeric, long-lived Liatris, protecting it well in hot, dry climates as indicated by the range map.

DETAILS			
Seeds/Packet	70		
Seeds/Ounce	7,000		
Germination Code	C(30)		
Life Cycle	Perennial		
Sun Exposure	Full, Partial		
Soil Moisture	Medium-Dry, Dry		
Height	2 feet		
Bloom Time	July, August, September		
Bloom Color	Purple		
Advantages	* *		
USDA Zones	3-9		
Plant Spacing	10-12"		
Catalog Number	LIAO8F		

Liatris punctata

SEEDS 0

Packet

1/8 oz.

DOTTED BLAZING STAR

ADD TO CART

- PREVIOUS PRODUCT

\$2.50

0 +

- 0 +

NEXT PRODUCT ->

OWISHLIST

# Helpful Resources

Prairie Moon Nursery https://www.prairiemoon.com/

- Size 🗸
- Sun 🗸
- Moisture 🗸
- Height 🗸
- Bloom time  $\checkmark$
- Spacing
- Advantages (wildlife benefit, garden suitability, aggressiveness, etc.)



About Projects for Your Yard Lawns to Legumes Plant Finder Workshops & Events Find Help Q

#### Find Plants:

Search .... All Light Exposure All Soil Moisture All Plant Types All Bloom Colors All Bloom Months

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FIND PLANTS

**Plant Finder** Plant information for the plant finder



**Balsam** Fir Abies balsamea



Silver Maple Acer saccharinum



Common Yarrow Achillea millefolium



Sweet Flag Acorus calamus



White Baneberry Actea pachypoda



Maidenhair Fern Adiantum pedatum

- Sun 🗸
- Moisture V
- Type (forb, fern, grass, woody, vine) 🗸
- Bloom time and color

# Helpful Resources

**Blue Thumb Plant** Finder



Wild Ones Reflections



Check out our new publication-Read, Learn, Enjoy, Share!

Native Plant Nurseries & Landscaping Services



Link to list of nurseries in Minnesota with selection of native plants for gardens.

No Milkweed = No Monarchs



Membership

Joining Wild Ones gives you access to the camaraderie and information resources of other native plant enthusiasts. A single membership covers both the national organization and your local chapter. Members receive the Wild Ones <u>New Member Handbook</u> and the *Wild Ones Journal*, a bimonthly publication. In addition, the Twin Cities Chapter publishes a local newsletter.

Membership benefits include participation in any and all Wild Ones chapter activities, either locally or across the United States. These activities include such events as seed gathering, seed exchanges, plant rescues, plant sales, speaker presentations, garden tours, conferences, and bus tours.

You can join at any of our monthly meetings or by registering online on the Wild Ones National website, www.WildOnes.org

Wild Ones, Native Plants, Natural Landscapes is a non-profit, educational organization. Your membership is considered a donation and is entirely tax-deductible.

#### One of our member-only benefits is the Wild Ones Twin Cities Lending Library!

Come to a meeting to check out a book, and return it when you are done. Our current list is growing all the time, but includes classic titles like:

Audubon Guide to North American Wildflowers

Beautifully Sustainable - Freeing Yourself to Enjoy Your Landscape, by Douglas Owens-Pike

Bees - An Identification and Native Plant Forage Guide, by Heather Holm



Dougles W. Tellamy

Bringing Nature Home - How You Can Sustain Wildlife with Native Plants, by Douglas Tallamy

Butterflies and Moths - Field Guide

Fern Finder, by Anne C. & Barbara G. Hallowell

# Helpful Resources

Wild Ones http://www.wildonestwincities.org/

- Resources for gardening with natives plants
- Plant sale info V
- Links to helpful books, videos, and materials √
- You can become a member!



# **Need plants?**

Landscape Revival Native Plant Expo and Market
Sept 12 | 9am-1pm – Shoreview
Sept 19 | 9am-1pm – Oakdale City Hall

And many local native nurseries! Visit your local Wild Ones chapter website for more information.

#### MINNESOTA & WESTERN WISCONSIN NATIVE PLANT NURSERIES



#### 1 Blazing Star Gardens

d, I, m Phone: 507-402-8337 Email: blazingstargardens@gmail.com Web: www.blazingstargardens.com

#### 2 Boreal Natives

3943 Munger Shaw Road, Cloquet, MN 55720 Phone: 218-729-7001 Email: borealnatives@prairieresto.com Web: prairieresto.com/boreal\_natives.shtml

d, i, m

d, I, m

#### 3 Soan Valley Farm

Phone: 763-614-8853 Email: dana@sognvalleyfarm.com Web: www.sognvalleyfarm.com

Purchase at events & St. Paul Farmers' Market

#### 4 Ecoscapes Sustainable Landscaping

Phone: 612-965-0848 Email: info@ecoscapes1.com Web: www.ecoscapes1.com

#### **5** Glacial Ridge Growers

Phone: 320-634-0136 Email: glacridgegrowers@aol.com Web: www.glacialridgegrowers.com St. Paul Farmers' Market on Saturdays

#### 8 Shoreview Natives

1185 Shoreview Rd, Two Harbors, MN 55616 Phone: 218-341-5286 d, i Email: shoreviewnatives@gmail.com Web: www.shoreviewnatives.com

#### 7 Landscape Alternatives

25316 St. Croix Trail, Shafer, MN 55074 Phone: 651-257-4460 Email: landscapealt@frontiernet.net Web: www.landscapealternatives.com

#### 8 MN Native Landscapes

8740 77th St NE, Otsego, MN 55362 Phone: 763-295-0010 d, I, m Email: bre@mnlcorp.com Web: www.mnnativelandscapes.com

#### 9 Morning Sky Greenery

44804 East Highway 28, Morris, MN 56267 Phone: 320-795-6234 Email: info@morningskygreenery.com Web: www.morningskygreenery.com

#### 10 Natural Shore Technologies

1480 Cty Rd 90, Maple Plain, MN (new location) Phone: 612-703-7581 d, i, m Email: Rob.l@naturalshore.com Web: www.naturalshore.com

SYMBOLS d: Design Services i: Installation Services m: Maintenance Services

#### 11 Naturally Wild

Phone: 612-922-9279 Email: info@naturallywildflowers.com Web: www.naturallywildflowers.com Purchase at website-listed events.

#### 12 Out Back Nurseru

15280 110th St S, Hastings, MN 55033 Phone: 651-438-2771 d, i, m Email: sales@outbacknurserv.com Web: www.outbacknursery.com

#### 13 BluPrairie Native Plant Nurseru

12975 32nd St, Watertown, MN 55388 Phone: 612-720-7941 Email: jdanie@bluprairie.com Web: www.bluprairie.com

#### 14 Prairie Moon Nurseru

32115 Prairie Lane, Winona, MN 55987 Phone: 866-417-8156 Purchase Email: info@prairiemoon.com online Web: www.prairiemoon.com

#### 15 Prairie Restorations Inc.

31646 128th St NW, Princeton, MN 55371 21120 Ozark Court North, Scandia, MN 55012 Phone: 800-837-5986 d, I, m Email: info@prairieresto.com Web: www.prairieresto.com

#### 18 Native Sun Seeds and Plants

Purchase online or at St. Croix Valley, MN Phone: 651-318-8667 website-listed events.

Email: nativesunseedsandplants@gmail.com Web: www.nativesunseedsandplants.com

#### 17 Shooting Star Native Seeds

20740 Cty Rd 33, Spring Grove, MN 55974 Phone: 888-983-3670 Email: info@ssns.co Web: www.shootingstarnativeseed.com

#### 18 Sunshine Gardens Nursery and Landscaping

1286 Shadywood Shores Dr NW Pine River, MN 56474 Phone: 218-947-3154 d, I, m Email: sgardens@uslink.net Web: www.sunshinegardens.tripod.com

#### 19 Dragonfly Gardens

491 State Highway 46 Amery, WI Phone: 715 268-7660 Email: info@dragonflygardens.net Web: www.dragonflygardens.net

#### 20 Lupine Gardens

880 155th St, Amery, WI 54001 Phone: 715-222-6669 Email: lupinegardens@yahoo.com Web: www.lupinegardens.com

#### 21 Kinnickinnic Natives

235 State Road 65, River Falls, WI 54022 Phone: 715 425 7605 or 715 222 6910 Email: whuhnke@dishup.us Web: www.kinninatives.com

d, I

#### 22 Leaning Pine Natives

3130 S Camp Amnicon Rd, South Range, WI Phone: 715-398-5453 Call for Email: phlina@gmail.com appointment.



#### Washington Conservation District Tree Sale

- \$35.00 per bundle of 25 trees
- Bird packets are \$55.00 per bundle of 30 trees
  - 5 each of: Bur Oak, White Oak, Black • Cherry, White Pine, Chokecherry, Wild plum

#### Web resources

www.myminnesotawoods.umn.edu www.dnr.state.mn.us/forestry

White oak Red maple

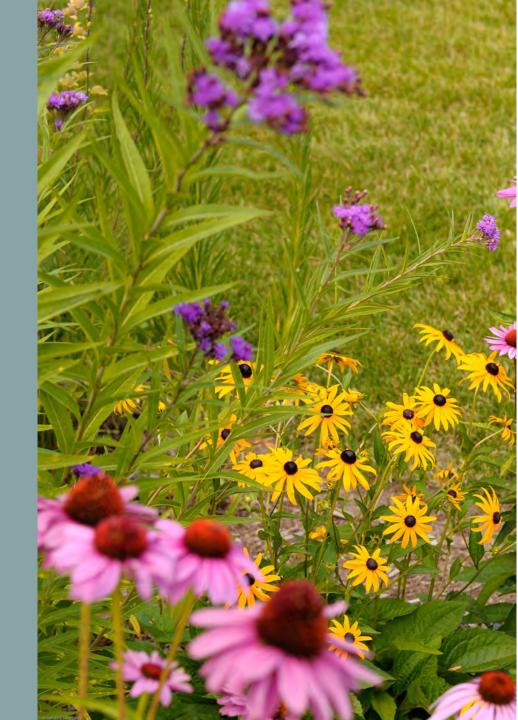
# Questions related to raingarden planning or plant selection?

\*Please use the chat function



# Section 4:

# Installation



# Raingardens – Installation Video

- Garden Layout
- Remove Sod
- Dig
- Amend the Soil
- Grade
- Level Basin
- Mulch First
- Plant
- Water & Smile





# Sheet Mulching



Solarization





# Site Preparation:

### • Eliminating Invasive Weeds:

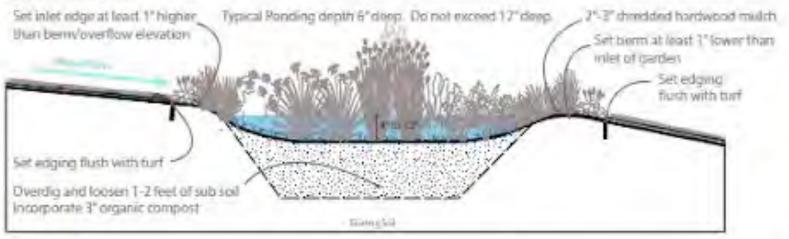
- Removal of species such as reed canary grass, crown vetch, or buckthorn take time and persistence
- Plan for eradication to take an entire growing season
- Eliminating Turf:
  - Sod Removal (manual or gas powered)
    Most landfills & compost sites do NOT take sod
    Smother (Sheet mulching OR Solarizing)
    less labor intensive, better for soil health
    Requires entire growing season
    Herbicide (Glyphosate based formula)
    - Cheap and cost effective. Be cautious of drift.

# **Excavation & Grading**

\*\*\*ALWAYS call before you dig!

- Based on the results of your infiltration test, dig the outline of the RG to the desired depth (6"-12")
- Grade edges using a 3:1 slope
  - Ex. 6" depth  $\rightarrow$  18" width from edge to bottom of basin
- Loosen an additional 18" of soil and ammend with 3" of compost
- Create berm if needed. Set outlet 1-2" lower than inlet.

### Raingarden (set at grade, no walls) Cross-section



# **Mulching & Planting Tips**

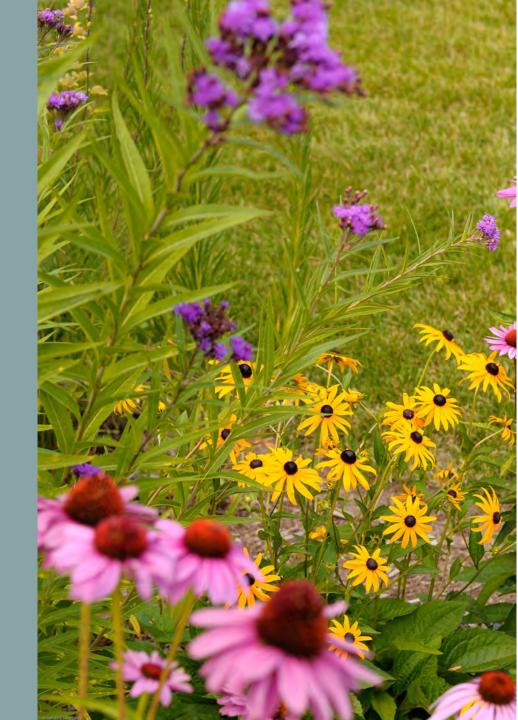
- Always **mulch first** to reduce soil compaction!
- Use double shredded hardwood mulch, aim for 3"
- Avoid the allure of free mulch, they often have invasive species
- Layout your garden before planting to ensure proper spacing
- For most grasses and flowers, space them out 18" apart
   Shrubs, 3-4" ft
- Avoid mulch volcanoes, don't build up around the plant



# Section 5:

# Maintenance

\*Remember, raingardens are LOW maintenance, not NO maintenance



# First Year Maintenance

- Water plants regularly, 1" /week
- During large rain events, consider cutting a notch in the berm (lower than the overflow) to prevent saturation of seedlings
- Weed! As the plants grow and fill in, you'll need to do this less often



# Annual Maintenance

- Maintain 3" of mulch for weed suppression
- Spring pruning. Leave dead material for winter wildlife habitat and food
- Remove or replace plants that are not thriving.
- Sediment removal
- Inlet clean out
- Take photos to track progress!



# Section 6:

Technical Assistance & Cost Share Grants





Washington Conservation District Raingarden:

Installed in 2014.
Cost Share assistance provided by Ramsey Washington Metro Watershed District.
1,600 sq ft basin

Designed by WCD



### How do I get started?

### 1. WCD site visits

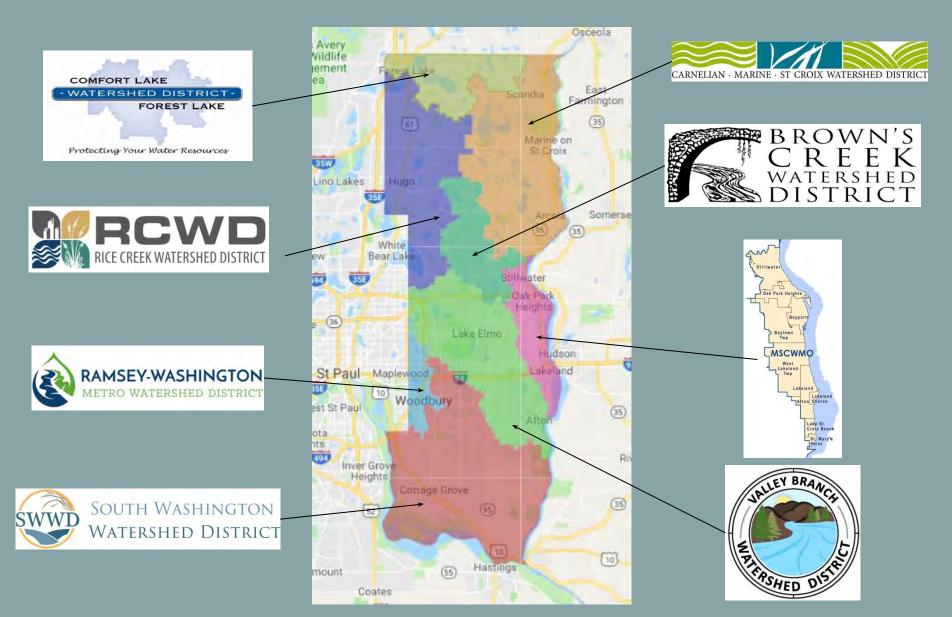
1. Contact your local SWCD to schedule a <u>free</u> site visit and consultation. Visit www.mnwcd.org

### 2. Watershed District cost-share grants

1. If there is potential for a water quality project, the SWCD staff will provide you information about the cost share programs for your watershed district.



# Watershed Management Organizations Washington County



# Site Visit



# Concept Example



# Questions?

Lauren Haydon – <u>Ihaydon@mnwcd.org</u> Brett Stolpestad - <u>bstolpestad@mnwcd.org</u> Cameron Blake - <u>cblake@mnwcd.org</u>

For more information visit:

Washington Conservation District – <u>www.mnwcd.org</u> Brown's Creek Watershed District - www.bcwd.org





